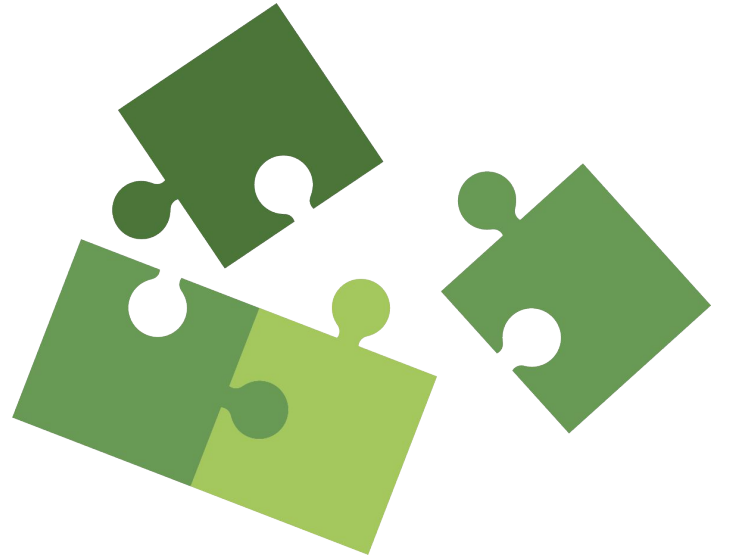


Intellectual Humility



Strength of mind



What is intellectual humility?



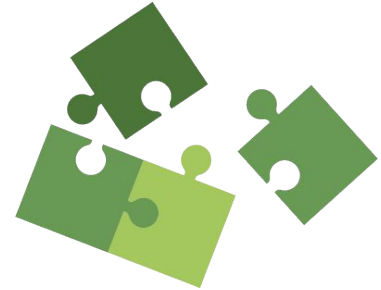
Recognizing the limitations
of your knowledge

“When we set out upon the search for truth we should not assume that we already know for certain what truth is...”

— Mary McLeod Bethune

Why does intellectual humility matter?

- Intellectual humility enables you to learn from opposing views and have more constructive discussions, even when you disagree.
- It helps you be less judgmental of others, learn more in school, and be a better leader.
- No matter how old you are, with intellectual humility you become wiser.



Pulse Check

How many of these things are true for you?

- I question my own opinions, positions, and viewpoints because they could be wrong.
- I reconsider my opinions when presented with new evidence.
- I recognize the value in opinions that are different from my own.
- I accept that my beliefs and attitudes may be wrong.
- In the face of conflicting evidence, I am open to changing my opinions.
- I like finding out new information that differs from what I already think is true.

